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| **Frequency of morning drinking** | Description: Frequency of needing a first drink in the morning to get going after a heavy drinking session during the past 12 months among past 12 month drinkers |
| Instrument question: A2: Have you consumed any alcohol within the past 12 months? A15: How often during the past 12 months have you needed a first drink in the morning to get yourself going after a heavy drinking session? |

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| **Frequency of needing a first drink in the morning to get going during the past 12 months among past 12 month drinkers** | | | | | | | |
| **Male** | | | | | | | |
| Age Categories (Years) | n | % monthly or more frequently | 95% CI | % less than monthly | 95% CI | % never | 95% CI |
| 18-29 | 290 | 19.5 | 14.3 - 26.1 | 11.2 | 6.8 - 17.8 | 69.3 | 61.6 - 76.1 |
| 30-44 | 297 | 18.2 | 12.8 - 25.2 | 8.1 | 5.1 - 12.7 | 73.7 | 65.9 - 80.2 |
| 45-59 | 141 | 22.9 | 15.4 - 32.6 | 4.9 | 2.2 - 10.5 | 72.2 | 62.7 - 80.1 |
| 60-69 | 51 | 23.6 | 12.8 - 39.5 | 7.6 | 2.9 - 18.6 | 68.8 | 52.6 - 81.4 |
| **Total** | **779** | **19.6** | **16.1 - 23.5** | **9.3** | **6.7 - 12.8** | **71.1** | **66.1 - 75.7** |
| Location |  |  |  |  |  |  |  |
| Rural | 627 | 20.8 | 16.7 - 25.6 | 8.5 | 6.2 - 11.5 | 70.7 | 65.2 - 75.6 |
| Urban | 152 | 14.7 | 10.1 - 20.8 | 12.5 | 5.2 - 27.1 | 72.9 | 59.5 - 83.1 |

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| **Frequency of needing a first drink in the morning to get going during the past 12 months among past 12 month drinkers** | | | | | | | |
| **Female** | | | | | | | |
| Age Categories (Years) | n | % monthly or more frequently | 95% CI | % less than monthly | 95% CI | % never | 95% CI |
| 18-29 | 199 | 8.5 | 4.8 - 14.4 | 9.6 | 5.7 - 15.8 | 81.9 | 74.7 - 87.4 |
| 30-44 | 160 | 8.0 | 4.0 - 15.1 | 3.9 | 1.6 - 9.1 | 88.2 | 80.6 - 93.1 |
| 45-59 | 71 | 8.8 | 3.2 - 22.0 | 4.0 | 1.3 - 12.1 | 87.2 | 74.2 - 94.2 |
| 60-69 | 31 | 18.5 | 7.8 - 37.9 | 7.3 | 2.3 - 20.7 | 74.2 | 54.7 - 87.2 |
| **Total** | **461** | **8.7** | **5.8 - 12.8** | **7.2** | **4.7 - 10.8** | **84.2** | **79.5 - 87.9** |
| Location |  |  |  |  |  |  |  |
| Rural | 366 | 8.2 | 5.1 - 13.0 | 6.2 | 3.6 - 10.3 | 85.7 | 80.2 - 89.8 |
| Urban | 95 | 10.8 | 5.3 - 20.8 | 11.7 | 5.8 - 22.3 | 77.4 | 67.5 - 85.0 |

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| **Frequency of needing a first drink in the morning to get going during the past 12 months among past 12 month drinkers** | | | | | | | |
| **Total** | | | | | | | |
| Age Categories (Years) | n | % monthly or more frequently | 95% CI | % less than monthly | 95% CI | % never | 95% CI |
| 18-29 | 489 | 16.1 | 12.2 - 21.0 | 10.7 | 7.2 - 15.5 | 73.2 | 67.4 - 78.2 |
| 30-44 | 457 | 15.5 | 11.3 - 20.9 | 7.0 | 4.6 - 10.5 | 77.5 | 71.4 - 82.6 |
| 45-59 | 212 | 18.5 | 12.6 - 26.3 | 4.6 | 2.4 - 8.7 | 76.9 | 69.2 - 83.1 |
| 60-69 | 82 | 21.9 | 13.4 - 33.8 | 7.5 | 3.6 - 15.2 | 70.5 | 58.3 - 80.4 |
| **Total** | **1240** | **16.4** | **13.7 - 19.4** | **8.7** | **6.6 - 11.3** | **75.0** | **71.1 - 78.5** |
| Location |  |  |  |  |  |  |  |
| Rural | 993 | 17.0 | 13.9 - 20.7 | 7.8 | 5.9 - 10.2 | 75.2 | 70.9 - 79.0 |
| Urban | 247 | 13.6 | 9.9 - 18.4 | 12.3 | 6.3 - 22.6 | 74.1 | 64.2 - 82.0 |